

Taco Soup

Serves 8-10

1 pound ground beef or turkey

1 onion

1 can kidney beans

1 can pinto beans

1 can black beans

1 cup chopped tomatoes

1 cup corn

1 small jar mild salsa

1 teaspoon taco seasoning

Garnishes: shredded cheese, sliced olives, sour cream, cilantro, or corn chips

Brown ground beef or turkey with onions; drain fat. Add beans, tomatoes and corn, including liquid. Stir in salsa and taco seasoning. Let simmer until flavors blend, at least 1 hour. Top with desired garnishes and serve, with corn chips. Note: This may be made in a crock pot and cooked on low all day. It also freezes well.

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